Challenges in Pain Management
Module Code NUR3310

Credits / Level of Study 15 credits / Level 6

Module Aims
This module aims to allow the student to evaluate pain assessment and management skills and implement effective strategies to prevent, and manage patients’ pain in the context of local and national policies in relation to pain.

Learning Outcomes
On successful completion of this module, students will be able to:
- Develop an in-depth knowledge of theories of pain, discussing and appraising barriers in pain management relating these to your own practice
- Reflect and analyse the ability to assess and manage complex pain from a multidimensional approach
- Demonstrate taking a pain history, evaluating the findings and use suitable pain assessment tools, and demonstrate knowledge of pharmacokinetic principles
- Evaluate local and national policies which influence pain management

Module Content
Indicative content
- History of pain
- Physiology of pain
- Multi-dimensional aspects of pain
- Psychological and socio-cultural approaches
- Pain prevention strategies
- Pain assessment strategies
- Pharmacokinetic principles
- Opioid and non-opioid drugs
- Complex pain syndromes, eg phantom limb pain, referred pain
- Implement pharmacological and non-pharmacological approaches
- Barriers to pain management
- Evaluation of pain management

Pre-requisites/co-requisites of Study
This module is aimed at clinicians managing patient pain. This may be in an acute, primary, urgent or emergency setting. Students must be working in a clinical setting to attend this module.

Delivery of Module
The learning and teaching methods include:
- Use of e-learning platform
- Group discussions and presentation
- Case studies/narratives
- Digital media
- Facilitation
- Utilisation of online resources to develop knowledge for group activity.

Assessment
Identify a scenario from practice and analyse your pain management practice, reflecting on how you can develop one aspect of your practice to improve the quality of care. You should utilise research-based literature to support your discussion.

Word Count: 2,000 words

Key Information

Study Dates
June 2018: 4, 5, 6, 7, 8
*Please check our website to ensure that there have been no revisions to the course dates listed

Location
Duke of Kent Building, University of Surrey

Cost £950.00

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How to Apply
Application forms can be printed from our website