Challenges in Pain Management
Module Code NUR3310

Credits / Level of Study
15 credits / Level 6

Module Aims
This module aims to evaluate pain assessment skills and implement effective strategies to prevent, and manage patients’ pain in a variety of settings using evidence based approaches.

Learning Outcomes
On successful completion of this module, students will be able to:

- Develop an in-depth knowledge of theories of pain
- Explore biological, psychosocial and cultural approaches to pain.
- Discuss and appraise barriers to pain management
- Demonstrate skill in taking a pain history and use suitable pain assessment tools
- Evaluate the findings of multi-dimensional pain assessment and apply a range of therapeutic approaches
- Appraise and apply pharmacological and non-pharmacological approaches to pain
- Reflect on skill development in holistic pain management

Module Content
Indicative content

- Physiology of pain
- Multi-dimensional aspects of pain
- Psychological and socio-cultural approaches
- Pain prevention strategies
- Pain assessment strategies
- Pharmacokinetic principles
- Opioid and non-opioid drugs
- Complex pain syndromes, eg phantom limb pain, neuropathic pain
- Implement pharmacological and non-pharmacological approaches
- Barriers to pain management
- Evaluation of pain management
- Pain in patients with cognitive changes and learning disabilities

Pre-requisites/co-requisites of Study
This module is aimed at clinicians managing patient pain. This may be in an acute, primary, palliative, urgent or emergency setting.

Delivery of Module
The learning and teaching methods include:

- Group discussions and presentation
- Case studies/narratives
- Lectures and discussion
- Virtual learning environment – Surreylearn

Assessment
Thus, the summative assessment for this module consists of:
Reflections on your pain management practice using a case study approach. (2,500 words)

Key Information

Study Dates
June 2020: 1, 2, 3, 4, 5

*Please check our website to ensure that there have been no revisions to the course dates listed

Location
University of Surrey

Cost £980.00

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How to Apply
Application forms can be printed from our website