Challenges in Pain Management
Module Code NURM108

Credits / Level of Study 15 credits / Level 7

Module Aims
This module aims to allow the student to evaluate pain assessment and management skills and implement effective strategies to prevent, and manage patients’ pain in the context of local and national policies in relation to pain.

Learning Outcomes
On successful completion of this module, students will be able to:

- Develop an in-depth knowledge and understanding of theories of pain
- Critically reflect on biological, psychosocial and cultural approaches to pain
- Demonstrate knowledge and understanding of pharmacokinetic principles in order to provide high quality and effective care
- Critically analyse and appraise barriers in pain management
- Demonstrate self direction in taking a pain history, evaluating the findings and suggest suitable evidence based pain assessment tools
- Critically reflect upon and analyse the ability to assess and manage complex pain from a multidimensional approach

Module Content
Indicative content:

- Physiology of pain
- Multi-dimensional aspects of pain
- Psychological and socio-cultural approaches
- Pain prevention strategies
- Pain assessment strategies
- Complementary therapies
- Pharmacokinetic principles
- Opioid and non-opioid drugs
- Complex pain syndromes, eg phantom limb pain, referred pain
- Implement pharmacological and non-pharmacological approaches
- Barriers to pain management
- Pain and cognitive changes/ disabilities

Pre-requisites/co-requisites of Study
This module is aimed at clinicians working in acute, primary, palliative and urgent or emergency settings.

Delivery of Module
The learning and teaching methods include:
- Group discussions and presentation
- Case studies/narratives
- Lectures and discussion
- Virtual learning environment – Surreylearn

Assessment
The assessment strategy is designed to provide students with the opportunity to demonstrate their ability to relate theory of pain to clinical practice with patients in pain.

Thus, the summative assessment for this module consists of:
A critical reflection and appraisal of pain management practice using a case study approach (3000 Words)

Key Information

Study Dates
June 2019: 3, 4, 5, 6, 7

*Please check our website to ensure that there have been no revisions to the course dates listed

Location
University of Surrey

Cost £980.00

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How to Apply
Application forms can be printed from our website