Mental Health Across the Lifespan
Module Code HCR3010

Credits / Level of Study 15 credits / Level 6

Module Aims
This module aims to explore opportunities to promote and maintain good mental health when working with their client group and understand the range of mental health issues affecting clients in their practice area; identifying and evaluating interventions and services to support clients in practice.

Learning Outcomes
On successful completion of this module, students will be able to:
• Explore opportunities to promote and maintain good mental health when working with their client group
• Identify and explore concepts of mental health issues
• Evaluate interventions and services to support those experiencing mental health issues.

Module Content
Indicative content includes:
• The health professional’s role in promoting mental health
• Ways to enhance communication with service users and carers
• Therapies used to treat mental health disorders
• Mental health assessment
• Ethical and legal issues in mental health care
• Perinatal mental health
• Disorders of children and adolescents
• Disorders of the elderly
• Mood disorders
• Anxiety disorders
• Psychosomatic disorders
• Dissociative disorders
• Personality disorders
• Eating disorders
• Substance misuse
• Sleep disorders
• Sexual disorders

Pre-requisites/co-requisites of study
None

Delivery of Module
The learning and teaching strategy is designed to:
• Facilitate in-depth discussion regarding the current healthcare agenda and its impact on mental health.
• Assist in the evaluation of contemporary practice in health care, specifically in relation to mental health.
• Enable an assessment of the role of the nurse or midwife when providing mental health care across the lifespan.
• Develop innovative approaches to mental health care which utilises evidence, creates challenge and develops a progressive culture within the healthcare setting.

Assessment
A summative assessment comprising of:
• Submission of a 10-12 minute audio/visual digital recording made by the student. Within the recording the student will reflect upon a scenario from their practice area and explore concepts of mental health and emotional wellbeing.
• The recording will be supported by a 750 word analysis which explores and evaluates the underpinning evidence base of one intervention that you discuss in your video recording.

Key Information
Study Dates
January 2020: 9, 15, 30
February 2020: 6, 26, 27

*Please check our website to ensure that there have been no revisions to the course dates listed

Location
University of Surrey

Cost £980.00

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How to Apply
Application forms can be printed from our website