Faculty of Health and Medical Sciences
School of Health Sciences

Mental Health Across the Lifespan
Module Code HCRMTBC

Credits / Level of Study  15 credits / Level 7

Module Aims
This module aims to explore opportunities to promote & maintain good mental health when working with their client group and understand the range of mental health issues affecting clients in their practice area; identifying and evaluating interventions & services to support clients in practice.

Learning Outcomes
On successful completion of this module, students will be able to:
- Explore opportunities to promote & maintain good mental health when working with their client group
- Identify & explore concepts of mental health issues
- Evaluate interventions & services to support those experiencing mental health issues.

Module Content
Indicative content includes:
- The health professional’s role in promoting mental health
- Ways to enhance communication with service users and carers
- Therapies used to treat mental health disorders
- Mental health assessment
- Ethical and legal issues in mental health care
- Perinatal mental health
- Disorders of children and adolescents
- Disorders of the elderly
- Mood disorders
- Anxiety disorders
- Psychosomatic disorders
- Dissociative disorders
- Personality disorders
- Eating disorders
- Substance misuse
- Sleep disorders
- Sexual disorders

Pre-requisites/co-requisites of study
None

Delivery of Module
The learning and teaching strategy is designed to:
- Facilitate in-depth discussion regarding the current healthcare agenda and its impact on mental health.
- Assist in the evaluation of contemporary practice in health care, specifically in relation to mental health.
- Enable an assessment of the role of the nurse or midwife when providing mental health care across the lifespan.
- Develop innovative approaches to mental health care which utilises evidence, creates challenge and develops a progressive culture within the healthcare setting.

Assessment
A summative assessment comprising of:
- Submission of a 10-12 minute audio/visual digital recording made by the student. Within the recording the student will reflect upon a scenario from their practice area and explore concepts of mental health and emotional well-being.
- The recording will be supported by a 1000 word analysis which critically evaluates the underpinning evidence base of one intervention that you discuss in your video recording.

Key Information

Study Dates
January 2019:  16, 24, 31
February 2019:  7, 27, 28

*Please check our website to ensure that there have been no revisions to the course dates listed

Location
University of Surrey

Cost  £980.00

Module Leader
Liz Langley
Tel: 01483 682924
Email: e.langley@surrey.ac.uk

Post Registration Administration Team
Tel: 01483 684505
Email: postreg_admin@surrey.ac.uk

How to Apply
Application forms can be printed from our website