**Women’s Health and Wellbeing**  
*Module Code NUR3238*

**Credits / Level of Study**  
15 credits / Level 6

**Module Aims**
- To explore the changing patterns of fertility throughout a woman's lifespan and discuss the scientific basis of these changes.
- To evaluate the role of female health screening services available and the purpose they play in health promotion.
- To analyse research to women’s health and discuss how new information can be best disseminated to women.

Critically analyse research relevant to women’s health and discuss how new information can be best disseminated to women.

**Learning Outcomes**
On successful completion of this module, students will be able to:
- Demonstrate knowledge and understanding of the current healthcare agenda and its impact on women’s health.
- Explore contemporary practice in health and social care, specifically in relation to women's health.
- Assess the role of the nurse or midwife and when providing autonomous healthcare to women.
- Examine opportunities to improve health outcomes for women.

**Module Content**
Indicative content includes:
- Fertility Awareness and Preconception Care
- Assisted Conception
- Early Pregnancy Complications
- Breast, Ovarian and Cervical Screening
- Alcohol and Drug Misuse in Teenagers and Women
- Common Gynaecological Disorders eg. Polycystic Ovarian Syndrome, Endometriosis
- Current Contraceptive Choices
- Perinatal Mental Wellbeing
- Female Genital Mutilation, Labiaplasty
- Violence towards Women: Rape and Sexual Abuse
- Sexually Acquired Infection
- Contemporary Issues in Childbearing
- Young People and Sex

**Pre-requisites/co-requisites of study**
None

**Delivery of Module**
- Lectures
- Discussion Groups
- Seminars
- Surreylearn (On-line learning)

It is likely that some of the learning associated with this module will be delivered in a format which will facilitate additional students attending as study days. This will enhance the discussion and inter-professional understanding.

**Assessment**
A 2500 word essay analysing an aspect of women's health care, specific to the students own area of practice, from both a physical and psychological perspective.

**Key Information**

**Study Dates**
March 2018: 14, 15, 21, 22  
April 2018: 18, 19

*Please check our website to ensure that there have been no revisions to the course dates listed

**Location**
Duke of Kent Building, University of Surrey

**Cost**
£950.00

**Module Leader**
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**How to Apply**
Application forms can be printed from our website.