Clinical Psychology Training

University of Surrey
Welcome

- Admissions Team
  - Mary John
    Programme Director
  - Louise Deacon and Laura Simonds
    Admissions Tutors
Structure of Session

- Programme Director
  - What is it about Surrey?
- Admissions Tutor
  - Structure and process of admissions
- Trainee perspective
  - Rupa Kataria
Do we know what we are doing?

- Doctoral training here since 1994
- Currently BPS have accredited us
- Have initial approval with HPC
- UniS validation
- QAA gained the highest award available
Eligibility

- Passing the training
- Confers eligibility to Register with the Health Professions council as a:-
  - Practitioner Psychologist
  - Registered Psychologist
  - Clinical Psychologist
- Confers Eligibility to become a Chartered Clinical Psychologist with the BPS
What are we training for?

- An evolving NHS
- Capability to work in a variety of Health and Social contexts:
  - NHS
  - Independent
  - Voluntary
  - Charitable
- Developing the skill mix required to meet the Health Agenda in primary, secondary and tertiary sectors
What is a Clinical Psychologist?

- Applied Psychologist
- Psychotherapist with Psychology lens
- Applied Psychology Researcher
- Where does IAPT fit in?
Delivery through :-

- Leadership
- Team working
- Supervision
- Consultation
- Clients or their carers
- Innovation
What are the key words embedded within Clinical Psychology Training at Surrey?

- Adult learning
- Ownership/Involvement
- Ethical
- Equality
- Integrative
- Assertive
- Political
- Collaborative
- Developmental
- Reflexive
- Scientific
What might training be like?

- Joyful
A long haul

- Requiring stamina determination
- Sense of achievement
- Mastery
Where have our graduates gone?
What does Surrey offer?

- Applied Training in partnership
- Clear Professional Identity
- Role models
  - Development of you as an individual and a professional
- Recognition of your contribution to this process
- Adult learning model which sets you up for life long learning
- Access to a career in Applied Clinical Psychology
Contextual issues and their implications on Training

- Financial constraints
- New ways of working within the NHS
- Statutory Regulation
- Career pathways
What you need to think about:-

- Do these values and ideals resonate with mine?
- How can I make the most of the opportunities presented?
- Is this the right time?
- Do I really want to be a Clinical Psychologist?
How does this Journey end?