

Meningitis and septicaemia can kill very quickly.

As a fresher you are in a **high risk group**, particularly in the first few weeks of term.

Have you had your Men ACWY vaccine before coming to uni?

NO



YES

If the answer is **NO**, you need to **get it now**. Register with a GP and if you are 25 or under ask for your Men ACWY vaccine

If the answer is **YES**, brilliant, the vaccine will protect against some of the most common causes of bacterial meningitis in the UK

You still need to register with a GP - you never know when you might need them

Make sure you know the **signs and symptoms of meningitis and septicaemia**. Vaccines don't protect against all types.



Keep one of these cards and have a great time at uni.

For more info about meningitis visit:

Meningitis NOW

fightfornow.org

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