

# Placement Presentation

## Jordan Downie

### Psychology

“Personality disorders are unusual or extreme personality types, which cause suffering to the individual or others and hinder interpersonal functioning”

### Background

- The John Howard Centre - Medium Secure Hospital.
- Ward for Offenders with personality disorders, most commonly:
  - Anti-Social PD
  - Borderline PD
  - Narcissistic PD
- Average length of stay for service users of three years.
- Weekly Activities: Community Meetings, small groups, pavilion, leaving events.
- Therapeutic Community (TC).

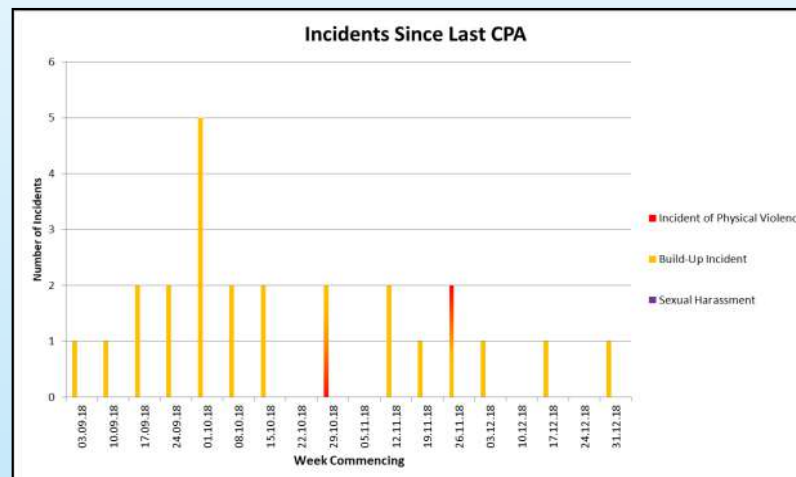
Communalism

Democratisation

Rappaport's Principles of a TC

Permissiveness

Reality Confrontation



### Professional Development

- Giving and receiving challenging feedback.
- Taking an active role in planning and delivering group therapy with challenging patient groups.
- Applying psychological theories involving patients' past experiences to their behaviours and interactions day-to-day on the ward.

### Roles and Responsibilities

Administrative Tasks	Therapeutic Roles
Ward Round Audit	Planning and Co-Facilitating Orientation to Therapy Group (OTT)
Attendance Audit	Co-Facilitating Cooking Group
Screening Checklist	Delivering challenging feedback to patients.
Introducing Incident Graphs	Participating and organising Community Activities on the ward.
<ul style="list-style-type: none"> <li>• Behavioural Management Plans</li> <li>• Care Programme Approach Meetings</li> </ul>	
Collecting evidence for Therapeutic Community Accreditation	Visiting other institutions to assess potential admissions.
Collecting evidence for the HCR-20	Contributing to academic discussions about patients.

### What have I learnt about myself?

- The importance of using intuition and taking ownership of tasks.
- That I have a good level of resilience and can work in a challenging environment.
- That I would like to pursue a career working with offenders.

