**Background**

- The John Howard Centre - Medium Secure Hospital.
- Ward for Offenders with personality disorders, most commonly:
  - Anti-Social PD
  - Borderline PD
  - Narcissistic PD
- Average length of stay for service users of three years.
- Weekly Activities: Community Meetings, small groups, pavilion, leaving events.
- Therapeutic Community (TC).

**Roles and Responsibilities**

<table>
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<tr>
<th>Administrative Tasks</th>
<th>Therapeutic Roles</th>
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<tr>
<td>Ward Round Audit</td>
<td>Planning and Co-Facilitating Orientation to Therapy Group (OTT)</td>
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<tr>
<td>Attendance Audit</td>
<td>Co-Facilitating Cooking Group</td>
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<tr>
<td>Screening Checklist</td>
<td>Delivering challenging feedback to patients.</td>
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<tr>
<td>Introducing Incident Graphs</td>
<td>Participating and organising Community Activities on the ward.</td>
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</table>
  - Behavioural Management Plans
  - Care Programme Approach Meetings
| Collecting evidence for Therapeutic Community Accreditation | Visiting other institutions to assess potential admissions. |
| Collecting evidence for the HCR-20 | Contributing to academic discussions about patients. |

**What have I learnt about myself?**

- The importance of using intuition and taking ownership of tasks.
- That I have a good level of resilience and can work in a challenging environment.
- That I would like to pursue a career working with offenders.

**Professional Development**

- Giving and receiving challenging feedback.
- Taking an active role in planning and delivering group therapy with challenging patient groups.
- Applying psychological theories involving patients’ past experiences to their behaviours and interactions day-to-day on the ward.

**“Personality disorders are unusual or extreme personality types, which cause suffering to the individual or others and hinder interpersonal functioning”**