

Jane Ogden: Authored books

1. Ogden, J. (1992) Fat Chance! The Myth of Dieting Explained. Routledge: London. Translated into Portuguese (1993)
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5th edition (2012). Translated into French (2012), Greek (2014), Mexican (2014), Australia (2017).
6th edition (2019)
3. Ogden, J. (2002) Health and the construction of the individual. Routledge: London.
4. Ogden, J (2003) The psychology of eating: From healthy to disordered behaviour. Blackwell: US / UK. Translated into Spanish (2004).
2nd Edition (2010), translated into Polish (2010).
5. Ogden J (ed) (2007). Essential readings in health psychology. Open University Press: Buckingham.
6. Ogden, J. (2014). The good parenting food guide: Managing what children eat without making food a problem. Wiley Blackwell: Oxford. Translated into Russian (2015)
8. Ogden, J. (2017). The Psychology of Health and Illness. Open Access book for University of the People.
7. Ogden, J. (2018). The Psychology of Dieting. Routledge: London. Translated into Portuguese (2020).
9. Ogden, J. (2018). Thinking critically about research: a step by step guide. Routledge: London.