

JANE OGDEN: Complete Publications

Authored books

1. Ogden, J. (1992) *Fat Chance! The Myth of Dieting Explained*. Routledge: London.
Translated into Portuguese (1993)
2. Ogden, J. (1996) *Health Psychology: a textbook*: Open University Press: Buckingham
1st edition. (1996) Translated into Portuguese (1998).
2nd edition. (2000). Translated into Greek (2000).
3rd edition (2004). Translated in Chinese (2007).
4th edition (2007). translated into Indian (2010).
5th edition (2012). Translated into French (2012), Greek (2014), Mexican (2014),
Australia (2017).
6th edition (2019)
3. Ogden, J. (2002) *Health and the construction of the individual*. Routledge: London.
4. Ogden, J (2003) *The psychology of eating: From healthy to disordered behaviour*.
Blackwell: US / UK. Translated into Spanish (2004).
2nd Edition (2010), translated into Polish (2010).
5. Ogden J (ed) (2007). *Essential readings in health psychology*. Open University Press:
Buckingham.
6. Ogden, J. (2014). *The good parenting food guide: Managing what children eat without
making food a problem*. Wiley Blackwell: Oxford. Translated into Russian (2015)
8. Ogden, J. (2017). *The Psychology of Health and Illness*. Open Access book for
University of the People.
7. Ogden, J. (2018). *The Psychology of Dieting*. Routledge: London. Translated into
Portuguese (2020).
9. Ogden, J. (2018). *Thinking critically about research: a step by step guide*. Routledge:
London.

Edited books

I am the series editor for a series of Health Psychology books for Wiley. So far we have published books on childhood eczema, skin problems, Irritable Bowel Syndrome, headache, diabetes, breast cancer and the menopause.

Refereed papers

1. Perner, J., Ogden, J. (1988) Knowledge for hunger: Children's problems with representation in imputing mental states. The International Journal of Cognition, 29, 47-61.
2. Wardle, J., Ogden, J. (1988). Cognitive and physiological effects on hunger and food intake. The Annals of the New York Academy of Sciences. 575, 585-587.
3. Ogden, J., Wardle, J. (1990) Cognitive restraint and sensitivity to cues for hunger and satiety. Physiology and Behaviour. 47, 477-481.
4. Ogden, J., Wardle, J (1990) Control of eating and attributional style. British Journal of Clinical Psychology. 29, 445-446.
5. Ogden, J., Wardle, J (1991) Cognitive and Emotional Responses to Food. International Journal of Eating Disorders, 10, 297-311.
6. Wardle, J., Marsland, L., Sheiki, Y., Quinn, M., Fedoroff, I., Ogden, J. (1992) Eating style and Eating behaviour in adolescents. Appetite, 18, 167-183.
7. Ogden, J. (1993) The Measurement of Restraint - confounding success and failure ? International Journal of Eating Disorders, 13, 69-76.
8. Ogden, J., Greville, L. (1993). Cognitive changes to preloading in restrained and unrestrained eaters as measured by the Stroop task. International Journal of Eating Disorders 14, 185-196.
9. Ogden, J. (1994). Restraint theory and its implications for obesity treatment. Clinical Psychology and Psychotherapy, An International Journal of Theory and Practice. 1, 191-201.
10. Ogden, J. (1994). The effects of smoking cessation, restrained eating, and motivational states on food intake in the laboratory. Health Psychology. 13, 114-121.
11. Ogden, J., Fox, P. (1994) An examination of the use of smoking for weight control in restrained and unrestrained eaters. International Journal of Eating Disorders. 16, 177-186.
12. Ward, E, Ogden, J. (1994) Experiencing vaginismus - sufferers beliefs about causes and effects. Journal of Sexual and Marital Therapy. 9, 33-45.
- 13/ Ogden, J., Mann, J., Eves, F. (1994) The effect of health information on knowledge, health beliefs and screening behaviour for Cervical Cancer. International Journal of Health Sciences 5, 15-20.
14. Ogden, J. (1995) Psychosocial theory and the creation of the risky self. Social Science and Medicine. 40, 411-414.
15. Ogden, J., Ward, E. (1995) Help seeking behaviour in sufferers of vaginismus. Journal of Sexual and Marital Therapy. 10, 23-30.
16. Ogden, J., Harden, A. (1995) Beliefs about condoms in 12/13 and 16/17 year olds. AIDS

Care, 7, 205-210.

17. Ogden, J. (1995) Changing the subject of Health Psychology. Psychology and Health, 10, 257-165 (with 6 commentaries).

18. Ogden, J., Knight, D. (1995) Attributions for illness and treatment interventions in community nurses. Journal of Advanced Nursing 22, 290-293.

19. Ogden, J. (1995) Cognitive and motivational consequence of dieting. European Eating Disorders Review, 24, 228-241.

20. Ogden, J., Evans, C. (1996) The problem of weighing: effects on body image, self esteem and mood. International Journal of Obesity 20, 272-277.

21. Ogden, J. (1996). Constructing useful connections? a matter of metaphor or reality. Psychology and Health, 11, 623-627.

22. Ogden, J., Munday, K. (1996). The effect of the media on body satisfaction: the role of gender and size, European Eating Disorders Review 4, 171-182.

23. Hoppe, R., Ogden, J. (1996). The effect of selectively reviewing behavioural risk factors on HIV risk perception. Psychology and Health, 11, 757-764.

24. Ogden, J. (1996). Helping sick doctors: GPs views of a new counselling service. British Journal of General Practice. 46, 626-627.

25. Ogden, J. (1997) The rhetoric and reality of psychosocial theories: a challenge to biomedicine? Journal of Health Psychology 2, 21-29.

26. Hoppe, R., and Ogden, J. (1997) Practice nurses' beliefs about obesity and weight related interventions in primary care. International Journal of Obesity 21, 141-146.

27. Ogden, J., Mtandabari, T. (1997) Examination stress and changes in mood and health related behaviours, Psychology and Health, 12, 289-299.

28. Ogden, J., Shaw, A., Zander, L. (1997) The homebirth experience: womens' memories 3-5 years on. British Journal of Midwifery, 5, 208-211.

29. Ogden, J., Shaw, A., and Zander, L. (1997) Deciding to have a homebirth: womens' memories of help and hindrances 3-5 years on. British Journal of Midwifery 5, 212-215.

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32. Ogden, J et al. (1997) To treat? To befriend? To prevent?: patients and GPs views of the doctors job. Scandinavian Journal of Primary Health Care, 15, 114-117.

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34. Ogden, J., Pinder, K. (1997) Mental health referrals: a matter for consensual guidelines? Primary Care Psychiatry 3, 31-36.
35. Ogden, J., and Hoppe, R. (1997) The relative effectiveness of two styles of educational package to change practice nurses management of obesity. International Journal of Obesity 21, 963-971.
36. Ogden, J., Nicoll, M. (1997) Risk and protective factors: an integration of the epidemiological and psychological approaches to adolescent smoking, Addiction Research 5, 367-377.
37. Ogden, J. and Elder, C. (1998) The role of family status and ethnic group on body image and eating behaviour. International Journal of Eating Disorders 23, 308-315.
38. Rosenthal, J., and Ogden, J. (1998) Medical student's beliefs about changing their education. Medical Education 32, 127-132.
39. Ogden, J., Shaw, A., and Zander, L. (1998) Women's experiences of having a hospital birth, British Journal of Midwifery, 6, 339-345.
40. Gore, J., and Ogden, J. (1998) Developing, validating and consolidating the doctor patient relationship: the patient's view of a dynamic process. British Journal of General Practice 48, 1391-1394.
41. Ogden, J., and Chanana, A. (1998) Explaining the effect of ethnicity on weight concern: finding a role for family values. International Journal of Obesity 22, 641-647
42. Ogden, J., Schofield, H. (1998) Who wants to be full time in a city? GP Registrars' values and career aspirations. Education in General Practice, 9, 310-315.
43. Ogden, J., and Hoppe, R. (1998) Changing practice nurses' management of obesity. Journal of Human Nutrition and Dietetics, 11, 249-256.
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45. Ogden, J et al. (1999) You're depressed, no I'm not: GPs' and patients' different models of depression. British Journal of General Practice. 49, 123-124.
46. Clark, M., and Ogden, J. (1999) The impact of pregnancy on eating behaviour and aspects of weight concern, International Journal of Obesity 23, 18-24
47. Harden, A., Ogden, J. (1999) 16-19 year olds beliefs about contraceptive services and the intentions to use contraception. British Journal of Family Planning 24, 135-141
48. Harden, A., and Ogden, J. (1999) Young women's experiences of arranging and having

an abortion. Sociology Health and Illness 21, 426-444.

49. Jain, A., and Ogden, J (1999) GPs experiences of a patient complaint: a qualitative study. BMJ. 318, 1596-1599.

50. Ogden, J., and Thomas, D. (1999) The role of familial values in understanding the impact of social class on weight concern. International Journal of Eating Disorders, 25, 273-279.

51. Harden, A., and Ogden, J. (1999) Use and non use of contraception amongst 16-19 year olds: a within subjects design. Psychology and Health, 14, 697-710.

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60. Muir, E and Ogden, J. (2001). Consultations involving people with congenital disabilities: factors that help or hinder giving care. Family Practice, 18, 419-424.

61. Ogden, J et al. (2001) GPs' and patients' models of obesity: whose problem is it anyway? Patient Education and Counselling. 40, 227-233.

62. Ogden, J., Baig, S., Earnshaw, G., Elkington, H., Henderson, E., Lindsay, J., Nandy, S. What is health?: and where GPs and patients worlds collide. (2001) Patient Education and Counselling. 45, 265-269.

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(2002) Doctors expressions of uncertainty and patient confidence. Patient Education and Counselling, 48, 171-176.

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68. Ogden, J. (2003) Some problems with social cognition models: a pragmatic and conceptual analysis. Health Psychology, 22, 424-428.

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72. Ogden, J., and Maker, C (2004) Expectant or surgical management: A qualitative study of miscarriage. British Journal of Obstetrics and Gynaecology., 111, 463-7

73. Free, C., and Ogden, J. (2004) Contraceptive risk and compensatory behaviour in young people in education post 16 years: a cross sectional study. Journal of Family Planning and Reproductive Health Care, 30, 91-94.

74. Flynn, M., and Ogden, J. (2004) Predicting uptake of MMR: a prospective questionnaire study. British Journal of General Practice, 54, 526-530.

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76. Williams, N., and Ogden, J. (2004) The impact of matching the patient's language on satisfaction with the consultation: a randomised control trial. Family Practice, 21, 1-6.

77. Harborow, P., and Ogden, J. (2004) The effectiveness of an acupuncturist working in General Practice: an audit. Acupuncture in Medicine. 22, 214-20.

78. Gardner, M., and Ogden, J. (2005) Do GPs practice what they preach?: A questionnaire study of GPs treatment for themselves and their patients. Patient Education and Counselling, 56, 112-115

79. Ogden, J., Clementi, C., Aylwin, S., Patel, A. (2005) Exploring the impact of obesity

surgery on patient's health status: a quantitative and qualitative study. Obesity Surgery, 15, 266-272.

80. Ogden, J. (2005). When psychological solutions aren't always best: obesity and the paradox of control, The Psychologist. 18, 224-6.

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82. Ogden, J., and Jain, A. (2005) Patients' experiences and expectations of General Practice: a questionnaire study. British Journal of General Practice, 55, 351-356.

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84. Tayler, M., and Ogden, J. (2005) Doctors use of euphemisms and their impact on patients beliefs about their illness. Patient Education and Counselling, 57, 321-326.

85. Free, C., and Ogden, J. (2005) Towards a contextual and dynamic model of contraception use: a qualitative study. Psychology and Health. 20, 673-690.

86. Epstein, L., and Ogden, J. (2005) A qualitative study of General practitioners' views of treating obesity. BJGP, 55, 750-754.

87. Frankum, S., and Ogden, J. (2005) Can patients with diabetes accurately estimate their blood sugar levels?: a cross sectional study in Primary Care. BJGP, 55, 944-948.

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89. Ogden, J., Clementi, C., Aylwin, S. (2006). Having obesity surgery: a qualitative study and the paradox of control. Psychology and Health. 21, 273-293.

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91. Armstrong, D., and Ogden, J. (2006). The role of experimentation in changing doctors' prescribing behaviour. Sociology Health and Illness. 28, 951-968.

92. Ogden, J., Reynolds, R., and Smith, A. (2006). Expanding the concept of parental control: a role for overt and covert control in children's snacking behaviour. Appetite. 47, 100-106.

93. Ogden, J., and Sidhu, S. (2006). Adherence, behaviour change and visualisation: a qualitative study of patient's experiences of obesity medication. The Journal of Psychosomatic Research. 61, 545-552.

94. Ogden, J. (2006). El comportamiento alimenticio como herramienta contemporanea de

autocontrol. Archipelago. Cuadernos de critica de la cultura. 71, 92-97.

95. Goodwin, P., and Ogden, J. (2007). Women's reflections about their past abortions: an exploration of how emotional reactions change over time. Psychology and Health, 22, 231-248.

96. Godfrey E, Chalder T, Ridsdale L, Seed, P, and Ogden J. (2007). Investigating the "active ingredients" of cognitive behaviour therapy and counselling for patients with chronic fatigue in primary care; developing a new process measure to assess treatment fidelity and predict outcome. British Journal of Clinical Psychology. 46, 253-272.

97. Armstrong, D., Lilford, R., Ogden, J., Wessely, S. (2007). Health related quality of life and the transformation of symptoms. Sociology Health and Illness. 29, 570-83

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108. Ogden J., Daniells E., and Barnett J (2008). The value of choice: the development of a new measurement tool, British Journal of General Practice, 58, 613-618

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110. Ogden, J., Heinrich, J, Potter, J., Kent, A, and Jones, S. (2009). The impact of viewing a hysteroscopy on a screen on the patient's experience: a randomised trial. BJOG, 116, 286-92.
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124. Ogden, J., Pope, J., and Nelson, M. (2011) The development and evaluation of a Nurse

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