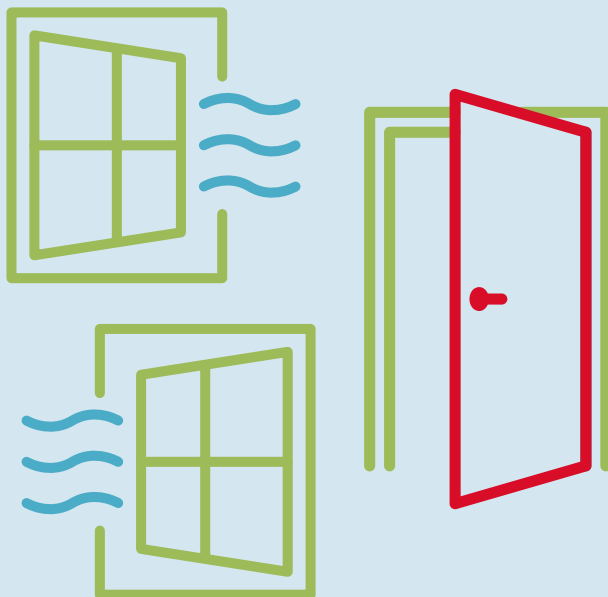


## Fact 9

**Opening kitchen windows and doors during cooking can reduce carbon dioxide levels by up to 54% more than opening the doors only.**



**Keep windows and doors open during cooking whenever possible to improve the ventilation and reduce the in-kitchen carbon dioxide levels.**

### Home Occupants



Always keep windows and doors open during cooking whenever the weather permits and when it is considered safe.

### Builders & Homeowners



- Install mosquito screens on windows and doors to exclude flying insects in affected countries.
- Install CO<sub>2</sub> monitors that provide easy-to-understand green, amber, and red traffic light colour-coding to warn occupants to increase kitchen ventilation during cooking.

### Local Councils



Promote the importance of natural ventilation in kitchens during cooking.



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