

Involve everybody and work together

In-kitchen air pollution can be limited by active and/or passive control systems at the source (e.g. adjust the cooking style, use cleaner cooking fuels), receptor (e.g. reduce passive occupancy), and between source and receptor (e.g. improve the ventilation conditions). Exposure can also be mitigated through increased awareness and informed decision-making. Infrastructural considerations (larger kitchen volumes, more windows and possibly balconies) can also be implemented for new or refurbished homes. Therefore, a holistic approach, with communication and participation among home occupants, homeowners and builders, and local councils is crucial for overall change and effective exposure reduction.



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