



## Welcome to the first B-POISED Study newsletter!

*In this newsletter we hope to give you an insight into what we have achieved in the first year, and what is still to come over the next few months.*

**October 2025**

### A reminder of the study aims....

The aim of this study is to find out if PSFU meets the needs of people from under-served groups following treatment for breast cancer, and to make recommendations to improve PSFU experience.

### What we've achieved so far:

- We have set up a steering group which meets regularly and has lots of lively PSFU-based discussions!
- We have completed our interviews with cancer alliance leads. We are currently transcribing and analysing these interviews.
- We are currently undertaking interviews with healthcare professionals and people who provide support through charities.
- We have completed a review of ONS data to help us identify areas with high proportions of under-served groups. We will use this information to inform our recruitment of patients in the next phase of the study.
- We have completed the first draft of our scoping review, looking at the perceptions and experiences of people on PSFU for breast cancer. We hope this will be published soon! The protocol for this review is published and can be found [here](#).

### Meet our PPI representatives!

**Lorraine Marke** *"I was diagnosed with breast cancer in 2010. I am really excited to be a PPI on the B-POISED research project. I feel passionate about addressing the health inequalities that sometimes impact people from diverse communities, which is why the B-POISED research project is important to me."*



**Debbie Ventham:** *"I was diagnosed with stage 3 breast cancer in January 2022 and had surgery two weeks later. I am very pleased to be included in the B-POISED research project as I have experienced inequalities myself as I changed from one hospital to another hospital."*



### What are we doing next?

- We will be focusing on completing our interviews with NHS staff involved in delivering PSFU. We will also be interviewing charity workers who provide support to patients on PSFU.
- We will undertake thematic analysis of our interview data.
- We will liaise with NHS Trusts who have high proportions of under-served groups to begin recruitment of patients.
- We will be presenting our progress and findings so far at various NHS forums.

### Could you help us?

We are currently recruiting charity workers to this study to find out more about their experiences of supporting people on PSFU for breast cancer. If you would like to get involved, we would love to hear from you! Please contact either Katie or Sophie or scan the QR code for the link to our webpage.

Email: [k.sutton@surrey.ac.uk](mailto:k.sutton@surrey.ac.uk)

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**The B-POISED study team would like to take this opportunity to say how grateful we are to everyone who has been involved in this research so far, and we look forward to working with you all and sharing our findings over the next 12 months!**

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