



University of Brighton

INFORMATION SHEET
(CHILD 7-12 years – Physiotherapy service)



Study title: *A study of physiotherapists and podiatrists who can prescribe medicines*

I would like to ask for your help with a study (research) that is being done to see how physiotherapists look after you and what they do if you need medicine. I am part of a team of researchers from the Universities of Surrey and Brighton and we are working together to do this study.

What is it for?

You have been chosen to take part because you are seeing a physiotherapist. This week we are asking everyone who sees the physiotherapists if they want to take part in the study.

How long will it take?



It will not take long. You will see the physiotherapists as normal and then you will be asked to fill in a questionnaire that will take about 10-15 minutes.

Do I have a choice?

Yes! You do not have to take part if you do not want to. We would like you to read this information sheet first. If you are happy to take part, we would like you to write your name on a form. We will also ask your mum, dad, or carer to write their name on a form. You can still change your mind later, just tell us and that will be OK. You will still receive any care that you need in the usual way.

What will happen?

There are a few things that we would like to do:

1. A person from our study team (a researcher) would like to be in the room while you see the physiotherapist. They will watch, listen and make notes on what the physiotherapist does.
2. After your visit to the physiotherapist, we would like you to answer questions on a form (a 'questionnaire'). You may like your parents to help with this. The questions are about your visit to the physiotherapist and about yourself and how you feel. Once the questionnaire is filled in, give it back to the receptionist. If you prefer, you can take it home to fill in and post it back to us later. We will give you a stamped envelope to do this.



3. The researcher may want to record what is said when you visit the physiotherapist. We only want to record the visits of 5 people so you may not be asked to do this. If you are asked, you can say no if you don't want to be recorded.
4. The researcher will ring your parent or guardian in two months' time to ask about any other visits to health services you have made after today.
5. The researcher may look at the notes that your physiotherapist makes about you to take details of things like your age and if you needed any medicine.

You may decide that you are happy to do some of these things but not all of them. This is OK, just tell the researcher.

What else might happen?

There are no risks to you if you help with this study. We will not be doing anything that should upset you. Even if you have said yes to taking part and you find that something does upset you, then you can ask to stop at any time. Just tell your parent or the nurse. They will not be cross with you.

Your name will not be written on the questionnaire. Any record of what is said and done will be kept safe so that no one else (other than the researcher, the physiotherapist and your parents/carer) will be able to tell that you have taken part in this study.

What could it do for me?

I'm sorry that it will not help you in any way today, but you will be helping us to find out how physiotherapists give medicines to people.



What happens when the study stops?

If you need to come and see the physiotherapist again, they will treat you in the usual way.

What if there is a problem or something goes wrong?

Your mum, dad or carer will be able to talk to someone who will be able to tell them what they need to do about it.

Before any research is allowed to happen it has to be checked by a group of people called a Research Ethics Committee. They make sure that the research is fair. This project has been checked by the Ethics Committee NRES London-Surrey Borders and by the University of Surrey Ethics committee.

If you are unhappy or have any questions about this study you can ask me or your parents. I will also ask your parents if they think it is OK for you to be in this research and if they have any questions or problems with it they can contact the people on the next page.

Thank you for taking the time to read about this study

Yours Sincerely

A handwritten signature in black ink that reads "Nicola Carey".

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